5400 E Mockingbird Lane, # 207

Contemporary Ballet Dallas 2026-27 Schedule--Schedule August 17, 2026-- May 29, 2027
CLASSES IN STUDIO & ONLINE! Please note, this schedule is subject to change. Check website for current schedule!

www.schoolofcbd.com

Monday

Studio 1	Studio 2	Studio 3	Studio 4	Studio 5
SPINE SCHOOL 9:15-10:30am CAROLINE Somatics, Strength, Mobility Series 10:30-11:30am VINCENT starts 8/31				
	Contemporary Int/ Adv Jazz 11:30am-1:00pm ELIJAH			
Tap 2 4:30PM-5:30pm KEIRA	5- 6 Yrs Ballet Tap combo 4:30-5:30pm ARIANNA	4- 5 Yrs combo 4:00-4:50pm DANIELLE Youth Ballet A & B Co 5:00-6:15pm DANIELLE	Mini's Hip Hop (6-7yrs) 4:30-5:30pm RANYIA Tap Cadets & Apprentice Ens 5:30-6:30pm KEIRA	3- 4 Yrs Ballet Tap combo 4:30-5:20pm FRANCES
Hip Hop 2 5:30-6:30pm RANYIA	Pre Level BALLET 5: 30-6:10pm FRANCES Adult BASICS Ballet series 6:15-7:30pm VALYA	Youth Ballet Elite Co Ballet Tech & Pointe 6:15-7:30pm DANIELLE	Tap Senior App Ensemble 6:30-7: 30pm KEIRA	Hip Hop 1 5:30-6:30pm ARIANNA Youth Ballet A & B Co Jazz 6:30-7:30pm TERRELL
Hip Hop 3 6:30-7:30pm RANYIA				
Commercial Company 7:30-8:30pm RANYIA	Youth Ballet Elite Company Jazz & Adult Int/Adv Jazz 7:30-8:55pm TERRELL		Adult BASICS Tap Series 7:30-8:30pm TERRY	Adult Beginner Ballet 7: 30-9:00pm SIABHAN

Tuesday

Studio 1	Studio2	Studio 3	Studio 4	Studio 5
YOGA BASICS 9:15-10:30am KATIE				Knaiseff Floor Barre 9:15-10:15am DEBORAH
	Adult Int/ Adv Ballet 10:30am-12:00pm EILEEN			Adult BASICS Ballet series 10:30-11:45am DEBORAH
Tap 1 4:45-5:45pm KEIRA	BALLET 3 4:30-5:30pm DANIELLE	3- 4 Yrs Ballet Tap combo 4:30-5:20pm LINDSEYJ	5-6 Yrs combo 4:30-5:30pm CARLY	BALLET 4-5 4:30-5:45pm ALLISON
Tap 4 5:45-6:45pm KEIRA	Youth Ballet Elite, A, & B Co Contemporary Lyrical Int/ Adv 5:30-7:00pm ELIJAH		Jazz 3 5:30-6:30pm DANIELLE	Youth Ballet Apprentice Co Ballet 5:45-6:45pm ALLISON
CBD Tap Ensemble Juniors 6:45-7:45pm KEIRA	Youth Ballet Elite & A COMPANY Ballet Tech 7:00-8:30pm DANIELLE		Adult Intermediate Tap 6:30-7:30pm TERRY	YB App Co Pointe 1 6:45-7:30pm ALLISON
Tap 6--- 7:45-9:00pm KEIRA	Adult Int/ Adv Ballet 7:30-9:00pm EILEEN		Adult Beginner Tap 7:30-8:30pm TERRY	Youth Ballet Elite & A Co Ballet & Pointe 7:00-8:30pm ALLISON

Wednesday

Studio 1	Studio 2	Studio 3	Studio 4	Studio 5
			Parent & Me (18-24 mos) 9:30-10:15am VALYA	
			Creative Movement (2-3 yrs) 10:15-11:00am VALYA	
	Adult OPEN PRO & (Int/ Adv) Ballet 10:30am-12:00 pm DANIELLE			
Adult Lyrical Series Int/ Adv 12:00-1:30pm VINCENT starts 9/2				
Adult Grooves Series 1:30-2:30pm VINCENT starts 9/2				
Pre Level TAP 4:45-5:25pm KEIRA	Ballet 1 4:30-5:30pm VALYA	Ballet 4 & 5 Pre Pointe 4:30-5:30pm ALLISON	4-5 Yrs Ballet Tap combo 4: 30-5:20pm ARIANNA	Jazz 2 4: 30-5:30pm DANIELLE
Senior Tap Ensemble 5:30-6:30pm KEIRA	Pointe 2 (YB B Co) 5:30-6:30pm ALLISON	JUNIOR ELITE CONCERT CO 5:30-6: 30pm DANIELLE	Jazz 1 5: 30-6:15pm CARLY	Ballet 2 5: 30-6:30pm VALYA
JUNIOR PETITE CONCERT CO 6:30-7:45PM DANIELLE	Adult BASICS Ballet series 6: 30-7:45pm SIABHAN	Adult Beg/ Int Ballet 6:30-7:45pm VALYA	CBD Tap Ensemble Juniors 6:30-7:45pm KEIRA	Youth Ballet B & App Co Ballet 6:30-7:45pm ALLISON
Adult Int-Int/Adv Theatre Jazz 7:45-9:00pm CARLY	Adult Beg/ Int Contemporary Modern 7:45-9:15pm JENNIFER M		Tap 5 7:45-8:45pm KEIRA	Youth Ballet Elite & A Co Ballet Technique 7:45-9:15pm ALLISON

Thursday

Studio 1	Studio 2	Studio 3	Studio 4	Studio 5
				Knaiseff Floor Barre 9:15-10:15am DEBORAH
	Adult Int/ Adv Ballet 10:30am-12:00pm EILEEN			Adult Beg/ Int Ballet 10:30am-12:00pm DEBORAH
				Adult Pointe Class 12:00-1:00pm DEBORAH
Tap Cadets & Apprentice Ens 4:45-5:45pm KEIRA	BALLET 3 4:30-5:30pm DANIELLE	BALLET 4-5 4:30-5:45pm ALLISON		Pre Level BALLET 4:45-5:25pm VALYA
Tap 3 5:45-6:45pm KEIRA	Youth Ballet Elite, A, & B Company Technique & Rehearse 5:45-7:30pm ALLISON			Jazz 4-5 & YB APP Co Jazz 5:45--6:45pm DANIELLE
Senior Tap Ensemble 6:45-8:00pm KEIRA			Adult BASICS Tap Series 6:30-7:30 TERRY	JUNIOR ELITE CONCERT CO 6:45-7:45pm DANIELLE
Adult BASICS Jazz Series 8:00-9:00pm CARLY	Adult Int/ Adv Ballet 7:30-9:00pm EILEEN		ADULT TAP Int/ Adv level 7:30-8:30 TERRY	Youth Ballet Rehearsal 7:45-8:30pm ALLISON

Friday

Studio 1	Studio 2	Studio 3	Studio 4	Studio 5
	Adult Professionals Ballet (open to Adv Intermediate and up) 10:30am-12:00pm EUGENE			
Commercial Company 5:00-7:00PM RANYIA	Adult Intermediate Ballet 5:45-7:15pm EILEEN			
Adult Int/ Adv Jazz 7:15-8:45pm TERRELL starts 10/2				

Saturday

Studio 1	Studio 2	Studio 3	Studio 4	Studio 5
	Adult Intermediate Ballet 9:00-10:30am KIERA M.		3-4 Yrs Ballet Tap Combo 9:10-10:00am LINDSEYJ	Parent & Me (18-24 mos) 8:45-9:30am VALYA
Ballet 1 9:15-10:15am DANIELLE			5-6 Yrs Ballet Tap Combo 10:00-11:00am LINDSEYJ	Creative Movement (2-3 yrs) 9:30-10: 15am VALYA
Jazz 1 10:15-11:00am DANIELLE		4-5 Yrs Combo 10:30-11:20am VALYA		Adult BASICS Ballet series 10:15-11:30am DEBORAH
Ballet 2 11:00am-12:00pm DANIELLE	Adult Int./Adv. Ballet 11:30am-1:00pm EILEEN		Teen Ballet (11-14 years) 11:20am-12:35pm VALYA	Adult Beginner Ballet 11:35am-1:00pm DEBORAH
Jazz 2 12:00pm-1:00pm DANIELLE			Contemporary Lyrical Beg/Int 12:35-1:35pm VALYA	YOUTH BALLET B & APPRENTICE CO class 1:00-2:15pm
HOLIDAY SHOW REHEARSALS SCHEDULE TBA	YOUTH BALLET Youth Ballet Elite & A Company class 1:00-2:30pm ALLISON/ DANIELLE		Adult Pointe Class 1:35-2:15pm DEBORAH	Youth Ballet B & App Co Rehearse 2:15-4:00pm
	Youth Ballet Elite & A Company Pointe 2:30-3:00pm ALLISON			
	Youth Ballet Elite, A, B Company Rehearsals 3:15-5:00pm ALLISON			

Sunday

Studio 1	Studio 2	Studio 3	Studio 4	Studio 5
	ONCE A MONTH Adult WKSHP 12-1pm			
	Adult Ballet Open level (Beg/Int-Adv) 1:00-2:30pm EUGENE MARISA			

Available space for Rentals/ Private Lessons

Indicates Classes for Adults

Please note that all levels are approx…your child will be placed in the level that suits ability & age. **Changes may be made to schedule at any time!