5400 E Mockingbird Lane, # 207

Dallas, TX 75206

The School of Contemporary Ballet Dallas 2023-24 Schedule--Schedule August 14, 2023-- May 25, 2024

CLASSES IN STUDIO & ONLINE! Please note, this schedule is subject to change.

www.schoolofcbd.com

Monday

Time	Studio 1	Studio 2	Studio 3	Studio 4	Studio 5
8:30AM					
9:00AM					
9:15 AM					
9:30AM					
9:45AM					
10:00AM					
10:15AM					
10:30AM		Adult OPEN PRO (Int/ Adv) Ballet 10:30am-12:00 pm ASAKO			
10:45AM					
11:00AM					
11:15 AM					
11:30AM					
11:45AM					
12:00PM					
12:15PM					
12:30PM					
12:45PM					
1:00 PM					
1:15 PM					
1:30 PM					
1:45 PM					
2:00 PM					
2:15 PM					
2:30 PM					
2:45 PM					
3:00 PM					
3:15 PM					
3:30 PM					
3:45 PM					
4:00 PM			3- 4 Yrs combo 4:00-4:50pm DANIELLE		4-5 Yrs Combo 4:00-4:50pm BROOKE
4:15 PM				Pre Level 1 Ballet & Tap 4:15-5:30pm KEIRA/ DANIELLE	
4:30 PM	Hip hop 2 4:30-5:30pm RANYIA	Mini's Hip hop (ages 6-7yrs) 4:30-5:30pm CHRISTINA			
4:45 PM			Kids Beginner Ballet (8-14 yrs) 5:00-6:00pm BROOKE		
5:00 PM					Youth Ballet B Co Ballet 5:00-6:00pm ALLISON
5:15 PM				CBD Tap Ensemble Juniors 5:30-6:45pm KEIRA	
5:30 PM	Kids Hip hop 1 5:30-6:30pm CHRISTINA	5- 6 Yrs Ballet Tap combo 5:30-6:30pm DANIELLE			
5:45 PM			Youth Ballet Elite, A Company Ballet Tech & Pointe 6:00-7:30pm ALLISON		Youth Ballet B & Apprentice Jazz 6:00-7:00pm TERRELL
6:00 PM					
6:15 PM					
6:30 PM	Adult Jazz Funk Int 6:30-7:30pm CHRISTINA	Adult BASICS Ballet series 6:30-7:45pm ANNA LEE			
6:45 PM				Tap 5 6:45-7:45pm KEIRA	
7:00 PM					
7:15 PM					
7:30 PM	Adult Inter Modern/ Contemporary 7:30-9:00pm ZACH				
7:45 PM		Adult Beginner Ballet 7:45-9:15pm ANNA LEE	Adut Beg/ Int Skills 7:30-8:45pm EILEEN		Youth Ballet Jazz Elite, A Co, & Level 6 Jazz 7:30-9:00pm TERRELL
8:00 PM				SCBD Tap Ensemble Senior Company 7:45-9:15pm KEIRA	
8:15 PM					
8:30 PM					
8:45 PM					
9:00 PM					
9:15 PM					
9:30 PM					

Tuesday

Time	Studio 1	Studio 2	Studio 3	Studio 4	Studio 5
8:30AM					
9:00AM					
9:15 AM		Knaisseff Floor Barre 9:15am-10:15am DEBORAH			
9:30AM					
9:45AM					
10:00AM					
10:15AM					
10:30AM		Adult Int/ Adv Ballet 10:30am-12:00pm EILEEN			
10:45AM					
11:00AM					
11:15 AM					
11:30AM					
11:45AM					
12:00PM					
12:15PM					
12:30PM					
12:45PM					
1:00 PM					
1:15 PM					
1:30 PM					
1:45 PM					
2:00 PM					
2:15 PM					
2:30 PM					
2:45 PM					
3:00 PM					
3:15 PM					
3:30 PM					
3:45 PM					
4:00 PM					
4:15 PM	4- 5 Yrs combo 4:30-5:20pm VALYA	BALLET 3 4:30-5:30pm DANIELLE	BALLET 4-5 & Apprentice Youth Ballet 4:30-5:45pm ALLISON	Tap 2 4:30-5:30pm KEIRA	
4:30 PM					
4:45 PM	Hip Hop & Jazz Team 5:30-6:30pm DANIELLE	Ballet 2 5:30-6:30pm MARISA		Tap 1 5:30-6:30pm KEIRA	
5:00 PM					
5:15 PM					
5:30 PM	Tap 3-- 6:30-7:30pm KEIRA	Teen Intermediate Ballet 6:30-7:30pm DANIELLE		Adult Intermediate Tap 6:30-7:30pm TERRY	YB B & Apprentice Co MODERN 5:45-6:45pm ZACH
5:45 PM					
6:00 PM					YB B Co Pointe 2 -- 6:45-7:45pm ALLISON
6:15 PM					
6:30 PM					
6:45 PM					
7:00 PM					
7:15 PM					
7:30 PM				Adult Beginner Tap 7:30-8:30pm TERRY	
7:45 PM	Tap 6--- 7:45-9:00pm KEIRA	Adult Int/ Adv Ballet 7:30-9:00pm EILEEN			Youth Ballet Elite & A Co Modern & Adv Modern Lvl 6-- 7:45-9:00pm BIANCA
8:00 PM					
8:15 PM					
8:30 PM					
8:45 PM					
9:00 PM					
9:15 PM					
9:30 PM					

Wednesday

Time	Studio 1	Studio 2	Studio 3	Studio 4	Studio 5
8:30AM					
9:00AM					
9:15 AM					
9:30AM					
9:45AM					
10:00AM					
10:15AM					
10:30AM		Adult OPEN PRO (Int/ Adv) Ballet 10:30am-12:00 pm DANIELLE			
10:45AM					
11:00AM					
11:15 AM					
11:30AM					
11:45AM					
12:00PM					
12:15PM					
12:30PM					
12:45PM					
1:00 PM					
1:15 PM					
1:30 PM					
1:45 PM					
2:00 PM					
2:15 PM					
2:30 PM					
2:45 PM					
3:00 PM					
3:15 PM					
3:30 PM					
3:45 PM					
4:00 PM					
4:15 PM	Tap 4 4:30-5:30pm KEIRA	Ballet 2 4:30-5:30pm ANNA LEE	Youth Ballet B Co Ballet 4:30-6:00pm ALLISON	5- 6 Yrs combo 4:30-5:30pm BROOKE	
4:30 PM					
4:45 PM	Jazz 2 5:30-6:30pm DANIELLE	Ballet 1 5:30-6:30pm ANNA LEE	Youth Ballet B Co Rehearse 6:00-	PRE BALLET & PRE TAP 5:30-6:45pm BROOKE/ KEIRA	
5:00 PM					
5:15 PM					
5:30 PM	Adult BASICS Hip hop Series 6:30-7:30pm CHRISTINA	Adult BASICS Ballet series 6:30-7:45pm DANIELLE	Adult Beginner Ballet 6:30-7:45pm ANNA LEE		
5:45 PM				CBD Tap Ensemble Juniors 6:45-8:00pm KEIRA	
6:00 PM					
6:15 PM					
6:30 PM					
6:45 PM					
7:00 PM					
7:15 PM					
7:30 PM	Adult Hip Hop Latin Fusion 7:30-8:30pm CHRISTINA				
7:45 PM		Adult Beg/ Int Contemporary Modern 7:45-9:15pm SARAH M		RENTALS	
8:00 PM					
8:15 PM					
8:30 PM					
8:45 PM					
9:00 PM					
9:15 PM					
9:30 PM					

Thursday

Time	Studio 1	Studio 2	Studio 3	Studio 4	Studio 5
8:30AM					
9:00AM					
9:15 AM		Knaisseff Floor Barre 9:15am-10:15am DEBORAH			
9:30AM					
9:45AM					
10:00AM					
10:15AM					
10:30AM		Adult Int/ Adv Ballet 10:30am-12:00pm EILEEN			Adult Beg/ Int Ballet 10:30am-12:00pm DEBORAH
10:45AM					
11:00AM					
11:15 AM					
11:30AM					
11:45AM					
12:00PM				Adult Pointe 12:00-12:45pm DEBORAH	
12:15PM					
12:30PM					
12:45PM					
1:00 PM					
1:15 PM					
1:30 PM					
1:45 PM					
2:00 PM					
2:15 PM					
2:30 PM					
2:45 PM					
3:00 PM					
3:15 PM					
3:30 PM					
3:45 PM					
4:00 PM					
4:15 PM	Kids Hip hop 1 4:30-5:30pm CHRISTINA	BALLET 3 4:30-5:30pm DANIELLE	BALLET 4-5 & Apprentice Youth Ballet 4:30-5:45pm ALLISON		5- 6 Yrs combo 4:25-5:25pm BROOKE
4:30 PM					
4:45 PM	Hip Hop & Jazz Team 5:30-6:30pm RANYIA	Ballet 4-5 Pre Pointe & Pointe 1 5:45-6:45pm ALLISON		Mini's Hip hop (ages 6-7yrs) 5:30-6:30pm CHRISTINA	3- 4 Yrs combo 5:25-6:15pm BROOKE
5:00 PM			Youth Ballet Elite, A Companies		
5:15 PM					
5:30 PM	Hip hop 3 & 4 6:30-7:30pm RANYIA	6:00-7:30pm	Ballet & Pointe DANIELLE & ALLISON	Adult BASICS Tap Series 6:30-7:30 TERRY	Adult Int/ Adv Horton 6:15-7:30pm CLAUDE
5:45 PM					
6:00 PM					
6:15 PM					
6:30 PM					
6:45 PM					
7:00 PM					
7:15 PM					
7:30 PM	Adult Contemporary Jazz Intermed. 7:30-9:00pm DANIEL P.	Adult Int/ Adv Ballet 7:30-9:00pm EILEEN		ADULT TAP Int/ Adv level 7:30-8:30 TERRY	YB Elite, A Rehearse 7:30-8:30pm ALLISON
7:45 PM					
8:00 PM					
8:15 PM					
8:30 PM					
8:45 PM					
9:00 PM					
9:15 PM					
9:30 PM					

Friday

Time	Studio 1	Studio 2	Studio 3	Studio 4	Studio 5
8:30AM					
9:00AM					
9:15 AM					
9:30AM				Parent & Me (18mos-2yrs) 9:30-10:15am VALYA	Spine School 2nd & 4th Friday of the month 9:30-10:30am CAROLINE C
10:15AM				3 & 4 Yrs combo 10:15-11:05am] VALYA	
10:30AM		Adult Professionals Ballet (open to Adv Intermediate and up) 10:30am-12:30pm WILLIAM			Adult Beginner Ballet 10:30am-12:00pm DANIELLE
11:15 AM				Creative Movement (2-3 yrs) 11:15-12:00pm VALYA	
12:00PM					
12:15PM					
12:30PM					
12:45PM					
1:00 PM					
1:15 PM					
1:30 PM					
1:45 PM					
2:00 PM					
2:15 PM					
2:30 PM					
2:45 PM					
3:00 PM					
3:15 PM					
3:30 PM					
3:45 PM					
4:00 PM					
4:15 PM					
4:30 PM					
4:45 PM					
5:00 PM					
5:15 PM					
5:30 PM	Adult & Teen Int/Adv Contemporary 5:30-7:00pm ZACH				
5:45 PM		Adult Intermediate Ballet 5:45-7:15pm EILEEN			
6:00 PM					
6:15 PM					
6:30 PM					
6:45 PM					
7:00 PM					
7:15 PM					
7:30 PM					
7:45 PM					
8:00 PM					
8:15 PM					
8:30 PM					
8:45 PM					
9:00 PM					
9:15 PM					
9:30 PM					

Saturday

Time	Studio 1	Studio 2	Studio 3	Studio 4	Studio 5
8:30AM					Parent & Me (18mos-2yrs) 8:45-9:30am VALYA
9:00AM	PreLevel 1 Ballet & Tap 9:00-10:15am DANIELLE	Adult Intermediate Ballet 9:00-10:30am RUTH		3-4 Yrs Ballet Tap Combo 9:15-10:05am BROOKE	
9:15 AM					Creative Movement (2-3 yrs) 9:30-10:15 VALYA
9:30AM					
9:45AM					
10:00AM					
10:15AM	Ballet 1 10:15-11:15am DANIELLE	4-5 Yrs Ballet Tap Combo 10:30-11:20am VALYA	Adult Pointe 10:30-11:30am RUTH	5-6 Yrs Combo 10:15-11:15am BROOKE	Adult **BASICS Ballet series** 10:15-11:30am DEBORAH
10:30AM					
10:45AM					
11:00AM				Beg/ Int Ballet (8-14 years) 11:15am-12:15pm BROOKE	
11:15 AM	BALLET 2 11:15am-12:15pm DANIELLE				
11:30AM		Adult Int./Adv. Ballet 11:30am-1:00pm EILEEN			Adult Beginner Ballet 11:35am-1:00pm DEBORAH
11:45AM					
12:00PM					
12:15PM	OPEN DANCE 12:30-2:30pm- work on skills-SIGN UP in advance! OR Holiday Show rehearsals specific times TBA			Holiday Show rehearsal 12:30-4:00pm Specific Times TBA.	
12:30PM					
12:45PM					
1:00 PM		Youth Ballet Elite, A Company class 1:00-2:30pm WILLIAM			Youth Ballet B Co & Apprentice Company technique and rehearsal 1:00-2:30PM ALLISON
1:15 PM					
1:30 PM					
1:45 PM					
2:00 PM					
2:15 PM					
2:30 PM	YB App rehearsal 2:30-3:30pm ALLISON	Youth Ballet Elite, A Company Pointe 2:30-3:00pm WILLIAM			
2:45 PM					
3:00 PM		Youth Ballet Elite, A Company Rehearsals 3:15-5:45pm ALLISON			
3:30 PM					
3:45 PM					
4:00 PM					
4:15 PM					
4:30 PM					
4:45 PM					
5:00 PM					
5:15 PM					
5:30 PM					
5:45 PM					
6:00 PM					
6:15 PM					
6:30 PM					
6:45 PM					
7:00 PM					
7:15 PM					
7:30 PM					
7:45 PM					
8:00 PM					
8:15 PM					
8:30 PM					
8:45 PM					
9:00 PM					
9:15 PM					
9:30 PM					

Sunday

Time	Studio 1	Studio 2	Studio 3	Studio 4	Studio 5
8:45 AM					
9:00 AM					
9:15 AM					
9:30 AM					
9:45 AM					
10:00 AM					
10:15 AM					
10:30 AM					
10:45 AM					
11:00 AM					
11:15 AM					
11:30 AM					
11:45 AM					
12:00 PM		ONCE A MONTH Adult WKSHP 12-1pm			
12:15 PM					
12:30 PM					
12:45 PM					
1:00 PM		Adult Ballet Open level (Beg/Int-Adv) 1:00-2:30pm RUTH			
1:15 PM					
1:30 PM					
1:45 PM					
2:00 PM					
2:15 PM					
2:30 PM					YB B Co Rehearse 2:30-3:30pm
2:45 PM					
3:00 PM					
3:15 PM					
3:30 PM					
3:45 PM					
4:00 PM					
4:15 PM					
4:30 PM					
4:45 PM					
5:00 PM					
5:15 PM					
5:30 PM					
5:45 PM					
6:00 PM					
6:15 PM					
6:30 PM					
6:45 PM					
7:00 PM					

Available space for Rentals/ Private Lessons

Indicates Classes for Adults

Please note that all levels are approx…your child will be placed in the level that suits ability & age. **Changes may be made to schedule at any time!