5400 E Mockingbird Lane, # 207

Dallas, TX 75206

The School of Contemporary Ballet Dallas 2022-23 Schedule-- this schedule is subject to CHANGE …Schedule August 15 - May 26, 2023 CLASSES IN STUDIO & ONLINE!

www.schoolofcbd.com

Monday

	Studio 1	Studio 2	Studio 3	Studio 4	Studio 5
8:30AM					
9:00AM					
9:15 AM					
9:30AM					
9:45AM					
10:00AM					
10:15AM					
10:30AM		Adult OPEN PRO (Int/ Adv) Ballet 10:30am-12:00 pm ASAKO			
10:45AM					
11:00AM					
11:15 AM					
11:30AM					
11:45AM					
12:00PM					
12:15PM					
12:30PM					
12:45PM					
1:00 PM					
1:15 PM					
1:30 PM					
1:45 PM					
2:00 PM					
2:15 PM					
2:30 PM					
2:45 PM					
3:00 PM					
3:15 PM					
3:30 PM			3- 4 Yrs combo 3:40-4:30pm BROOKE		
3:45 PM					
4:00 PM					
4:15 PM					
4:30 PM	Hip hop 2. 4:30-5:30pm AVERY/ QUINTON	Mini's Hip hop (ages 6-7yrs) 4:30-5:30pm CHRISTINA	5 & 6 Yrs Combo 4:30-5:30pm MARISA	CBD Tap Ensemble Juniors 4:15-5:30pm KEIRA	BALLET 5 & Youth Ballet Apprentice Co Ballet 4:30-6:00pm ALLISON
4:45 PM					
5:00 PM					
5:15 PM					
5:30 PM	Kids Hip hop 1. 5:30-6:30pm CHRISTINA	4-5 Yrs Combo 5:30-6:20pm MARISA		Tap 2 5:30-6:30pm KEIRA	Youth Ballet Apprentice Rehearse 6:00-
5:45 PM					
6:00 PM					
6:15 PM					
6:30 PM	Adult Jazz Funk Int 6:30-7:30pm CHRISTINA	Adult BASICS Ballet series 6:30-7:45pm MARISA	Youth Ballet Elite, A, B Company Ballet & Pointe 6:30-8:00pm ALLISON	Tap 5 6:30-7:30pm KEIRA	Adult Basics Beginner Modern Series 6:30-7:30pm ANNA
6:45 PM					
7:00 PM					
7:15 PM					
7:30 PM	Adult Hip Hop Fusion 7:30-8:30pm MARCUS	Adult Beginner Ballet 7:45-9:15pm MARISA	YB Elite, A, B Rehearse 8:00-9:00pm ALLISON	SCBD Tap Ensemble Senior group 7:30-9:00pm KEIRA	Adult Inter Modern/ Contemporary 7:30-9:00pm ANNA
7:45 PM					
8:00 PM					
8:15 PM					
8:30 PM					
8:45 PM					
9:00 PM					
9:15 PM					
9:30 PM					
	Studio 1	Studio 2	Studio 3	Studio 4	Studio 5

Tuesday

	Studio 1	Studio 2	Studio 3	Studio 4	Studio 5
8:30AM					
9:00AM					
9:15 AM		Knaisseff Floor Barre 9:15am-10:15am DEBORAH			
9:30AM					
9:45AM					
10:00AM					
10:15AM					
10:30AM		Adult Int/ Adv Ballet 10:30am-12:00pm EILEEN			Adult Beg/ Int Ballet 10:30am-12:00pm TOM
10:45AM					
11:00AM					
11:15 AM					
11:30AM					
11:45AM					
12:00PM					
12:15PM					
12:30PM					
12:45PM					
1:00 PM					
1:15 PM					
1:30 PM					
1:45 PM					
2:00 PM					
2:15 PM					
2:30 PM					
2:45 PM					
3:00 PM					
3:15 PM					
3:30 PM				3- 4 Yrs combo 3:40-4:30pm MARISA	
3:45 PM					
4:00 PM					
4:15 PM					
4:30 PM	HIP HOP SR & JR COMPANY 5:15-6:45pm QUINTON	BALLET 3 4:30-5:30pm MARISA	BALLET 4 4:30-5:45pm ALLISON	Tap 1 4:30-5:30pm KEIRA	3- 4 Yrs combo 4:30-5:20pm DANIELLE
4:45 PM					
5:00 PM					
5:15 PM					
5:30 PM		Ballet 1 5:30-6:30pm DANIELLE	Ballet 4 Pre Pointe 5:45-6:45pm MARISA	Tap 3-- 5:30-6:30pm KEIRA	Pointe 1 5:45-6:45pm ALLISON
5:45 PM					
6:00 PM					
6:15 PM					
6:30 PM	Tap 4 6:45-7:45pm KEIRA	Teen Intermediate Ballet 6:30-7:30pm DANIELLE	Adult Beg/ Int Ballet Skills 6:45-7:30pm EILEEN	Adult Intermediate Tap 6:30-7:30pm TERRY	YB A, B, Apprentice Co MODERN 6:45-7:45pm ZACH
6:45 PM					
7:00 PM					
7:15 PM					
7:30 PM	Tap 6--- 7:45-9:00pm KEIRA	Adult Int/ Adv Ballet 7:30-9:00pm EILEEN		Adult Beginner Tap 7:30-8:30pm TERRY	Youth Ballet Elite, A, B Company Ballet Tech 7:45-9:15pm ALFONSINA
7:45 PM					
8:00 PM					
8:15 PM					
8:30 PM					
8:45 PM					
9:00 PM					
9:15 PM					
9:30 PM					
	Studio 1	Studio2	Studio 3	Studio 4	Studio 5

Wednesday

	Studio 1	Studio 2	Studio 3	Studio 4	Studio 5
8:30AM					
9:00AM					
9:15 AM				Spine School 2nd & 4th Wednesdays of the month 9:30-10:30am CAROLINE	
9:30AM					
9:45AM					
10:00AM					
10:15AM					
10:30AM		Adult OPEN PRO (Int/ Adv) Ballet 10:30am-12:00 pm DANIELLE			
10:45AM					
11:00AM					
11:15 AM					
11:30AM					
11:45AM					
12:00PM					
12:15PM					
12:30PM					
12:45PM					
1:00 PM					
1:15 PM					
1:30 PM					
1:45 PM					
2:00 PM					
2:15 PM					
2:30 PM					
2:45 PM					
3:00 PM					
3:15 PM					
3:30 PM	4-5 Yrs Combo 3:40-4:30pm BROOKE				
3:45 PM					
4:00 PM					
4:15 PM					
4:30 PM	Kids Hip hop 1. 4:30-5:30pm AVERY/ QUINTON	BALLET 5 & Youth Ballet Apprentice Co Ballet 4:30-5:30pm ALLISON		5- 6 Yrs combo 4:30-5:30pm BROOKE	Ballet 2 4:30-5:30pm MARISA
4:45 PM					
5:00 PM					
5:15 PM					
5:30 PM	Jazz 1 & 2 5:30-6:30pm DANIELLE	Jazz 5 & YB Apprentice Jazz 5:30-6:30pm AVERY/ TERREL	4-5 Yrs Combo 5:30-6:20pm FRANCES	PRE BALLET & PRE TAP 5:30-6:45pm MARISA/ KEIRA	Youth Ballet Elite, A, B Company Ballet Tech & Pointe 5:30-7:00pm ALLISON
5:45 PM					
6:00 PM					
6:15 PM					
6:30 PM	Adult BASICS Hip hop Series 6:30-7:30pm CHRISTINA	Adult Beginner Ballet 6:30-7:45pm SARAH M	Adult BASICS Ballet series 6:30-7:45pm DANIELLE	CBD Tap Ensemble Juniors 6:45-8:00pm KEIRA	
6:45 PM					
7:00 PM					
7:15 PM					
7:30 PM	Adult Beginner Latin Fusion Hip hop 7:30-8:30pm CHRISTINA	Adult Beg/ Int Contemporary Modern 7:45-9:15pm SARAH M			Adult Int/ Adv Jazz & Youth Ballet Elite, A, B Co, & Level 6 Jazz 7:00-8:30pm TERRELL
7:45 PM					
8:00 PM					
8:15 PM					
8:30 PM					
8:45 PM					
9:00 PM					
9:15 PM					
9:30 PM					
	Studio 1	Studio 2	Studio 3	Studio 4	Studio 5

Thursday

	Studio 1	Studio 2	Studio 3	Studio 4	Studio 5
8:30AM					
9:00AM					
9:15 AM		Knaisseff Floor Barre 9:15am-10:15am DEBORAH			
9:30AM					
9:45AM					
10:00AM					
10:15AM					
10:30AM		Adult Int/ Adv Ballet 10:30am-12:00pm EILEEN			Adult Beg/ Int Ballet 10:30am-12:00pm DEBORAH
10:45AM					
11:00AM					
11:15 AM					
11:30AM					
11:45AM					
12:00PM					
12:15PM					
12:30PM					
12:45PM					
1:00 PM					
1:15 PM					
1:30 PM					
1:45 PM					
2:00 PM					
2:15 PM					
2:30 PM					
2:45 PM					
3:00 PM					
3:15 PM					
3:30 PM					
3:45 PM					
4:00 PM					PRE BALLET & PRE TAP 4:00-5:15pm LINDSAY / BROOKE
4:15 PM					
4:30 PM	Hip hop 3 4:30-5:30pm QUINTON	BALLET 3 4:30-5:30pm MARISA	BALLET 4 4:30-5:45pm ALLISON	Hip hop 2 4:30-5:30pm CHRISTINA	
4:45 PM					
5:00 PM					3- 4 Yrs combo 5:15-6:05pm BROOKE
5:15 PM					
5:30 PM	Hip hop 4 5:30-6:30pm QUINTON	Youth Ballet Elite, A, B Companies Ballet & Pointe 5:45-7:30pm ALLISON		Jazz 3 & 4 skills 5:45-6:45pm CHRISTINA	
5:45 PM					
6:00 PM					Adult Int/ Adv Horton 6:15-7:30pm MICHELLE
6:15 PM					
6:30 PM	HIP HOP SR & JR COMPANY 6:30-8:30pm QUINTON			Adult BASICS Tap Series 6:45-7:45 TERRY	
6:45 PM					
7:00 PM					
7:15 PM		Adult Int/ Adv Ballet 7:30-9:00pm EILEEN		ADULT TAP Int/ Adv level 7:45-8:45 TERRY	Youth Ballet Elite Co Modern & Adv Modern Lvl 6 7:30-8:45pm BIANCA
7:45 PM					
8:00 PM					
8:15 PM	Adult Grooves Class 8:30-9:30pm QUINTON				
8:30 PM					
8:45 PM					
9:00 PM					
9:15 PM					
9:30 PM					
	Studio 1	Studio 2	Studio 3	Studio 4	Studio 5

Friday

	Studio 1	Studio 2	Studio 3	Studio 4	Studio 5
8:30AM					
9:00AM					
9:15 AM					
9:30AM				Parent & Me (18mos-2yrs) 9:30-10:15am AVERY/	
9:45AM					
10:00AM					
10:15AM				3 & 4 Yrs combo 10:15-11:05am AVERY /	
10:30AM		Adult Professionals Ballet (open to Adv Intermediate and up) 10:30am-12:30pm WILLIAM			Adult Beginner Ballet 10:30am-12:00pm DANIELLE
10:45AM					
11:00AM				Creative Movement (2-3 yrs) 11:15-12:00pm AVERY /	
11:15 AM					
11:30AM					
11:45AM					
12:00PM					
12:15PM					
12:30PM					
12:45PM					
1:00 PM					
1:15 PM					
1:30 PM					
1:45 PM					
2:00 PM					
2:15 PM					
2:30 PM					
2:45 PM					
3:00 PM					
3:15 PM					
3:30 PM					
3:45 PM					
4:00 PM					
4:15 PM					
4:30 PM		Contemporary/ Modern Level 3-5 4:30-5:30pm ZACH			
4:45 PM					
5:00 PM					
5:15 PM					
5:30 PM	Adult & Teen Int/Adv Contemporary 5:30-7:00pm ZACH	Adult Intermediate Ballet 5:45-7:15pm EILEEN			
5:45 PM					
6:00 PM					
6:15 PM					
6:30 PM					
6:45 PM					
7:00 PM					
7:15 PM					
7:30 PM					
7:45 PM					
8:00 PM					
8:15 PM					
8:30 PM					
8:45 PM					
9:00 PM					
9:15 PM					
9:30 PM					
	Studio 1	Studio 2	Studio 3		Studio 5

Saturday

	Studio 1	Studio 2	Studio 3	Studio 4	Studio 5
8:30AM					Parent & Me (18mos-2yrs) 8:45-9:30am AVERY/ VALYA
9:00AM	PreLevel 1 Ballet & Tap 9:00-10:15am MARISA	Adult Intermediate Ballet 9:00-10:30am RUTH		3-4 Yrs Ballet Tap Combo 9:15-10:05am BROOKE	
9:15 AM					Creative Movement (2-3 yrs) 9:30-10:15 AVERY / VALYA
9:30AM					
9:45AM					
10:00AM					
10:15AM	Ballet 1 10:15-11:15am MARISA	4-5 Yrs Ballet Tap Combo 10:30-11:20am AVERY/ VALYA	Adult Pointe 10:30-11:30am RUTH	5-6 Yrs Combo 10:15-11:15am BROOKE	Adult **BASICS Ballet series** 10:15-11:30am DEBORAH
10:30AM					
10:45AM					
11:00AM					
11:15 AM	BALLET 2 11:15am-12:15pm MARISA			5-6 Yrs Combo 11:15-12:15pm BROOKE	
11:30AM		Adult Int./Adv. Ballet 11:30am-1:00pm EILEEN			Adult Beginner Ballet 11:35am-1:00pm DEBORAH
11:45AM					
12:00PM	OPEN DANCE 12:30-2:30pm- work on skills-SIGN UP in advance! OR Holiday Show rehearsals specific times TBA			Beginner Ballet (8-14 years) 12:15am-1:15pm BROOKE	
12:15PM					
12:30PM					
12:45PM					
1:00 PM		Youth Ballet Elite, A, B Company class 1:00-2:30pm WILLIAM			
1:15 PM					
1:30 PM					
1:45 PM					
2:00 PM					
2:15 PM				Holiday Show rehearsal 1:15-4:15pm Specific Times TBA.	
2:30 PM		Youth Ballet Elite, A, B Company Pointe 2:30-3:00pm WILLIAM			
2:45 PM					
3:00 PM		Youth Ballet Elite, A, B Company Rehearsals 3:15-5:45pm ALLISON			
3:15 PM					
3:30 PM					
3:45 PM					
4:00 PM					
4:15 PM					
4:30 PM					
4:45 PM					
5:00 PM					
5:15 PM					
5:30 PM					
5:45 PM					
6:00 PM					
6:15 PM					
6:30 PM					
6:45 PM					
7:00 PM					
7:15 PM					
7:30 PM					
7:45 PM					
8:00 PM					
8:15 PM					
8:30 PM					
8:45 PM					
9:00 PM					
9:15 PM					
9:30 PM					
	Studio 1	Studio 2	Studio 3	Studio 4	Studio 5

Sunday

	Studio 1	Studio 2	Studio 3	Studio 4	Studio 5
8:45 AM					
9:00 AM					
9:15 AM					
9:30 AM					
9:45 AM					
10:00 AM					
10:15 AM					
10:30 AM					
10:45 AM					
11:00 AM					
11:15 AM					
11:30 AM					
11:45 AM					
12:00 PM		ONCE A MONTH Adult WKSHP 12-1pm			
12:15 PM					
12:30 PM					
12:45 PM					
1:00 PM		Adult Ballet Open level (Beg/Int-Adv) 1:00-2:30pm RUTH			
1:15 PM					
1:30 PM					
1:45 PM					
2:00 PM					
2:15 PM					
2:30 PM					
2:45 PM					
3:00 PM					
3:15 PM					
3:30 PM					
3:45 PM					
4:00 PM					
4:15 PM					
4:30 PM					
4:45 PM					
5:00 PM					
5:15 PM					
5:30 PM					
5:45 PM					
6:00 PM					
6:15 PM					
6:30 PM					
6:45 PM					
7:00 PM					
	Studio 1	Studio 2	Studio 3	Studio 4	Studio 5

Available space for Rentals/ Private Lessons

Indicates Classes for Adults

Please note that all levels are approx…your child will be placed in the level that suits ability & age. **Changes may be made to schedule at any time!